Intermediate Tribal Group Drum Solo

Music – Short Belly Dance Drum Solo

By – Raquy and the Cavemen

Start w/arms overhead looking R

Music starts wait – bring arms down & walk into small group formation (3 rows) –

Upper torso rotation L to R (hands on knees) / stand up w/L arms / one arm

circle ½ turn (arms overhead) / L hip drop, body wave up / arms down

w/music / rib drop w/music / walk, turn R into 2 rows

Basic Egyptian, turn L w/fade, lift drop on heals / twist R hip, twist L hip, turn L into

one row, lift drop on heals / 4 omi’s / walk back w/rib drops (into inverted V) /

kick R foot drop to floor / in 3 sections rise 1 group at a time, pose L arms w/R

foot out /

Form circle (facing out) – cross R foot over L, step R, L / drop & lift L hip / ¾ turn,

Repeat 3 times total / shimmy butt move into 3 rows

L side to audience – turn head, look / turn body front w/shoulder accent / rib lift &

drop (arms overhead) / kick R foot / turn pose w/L arms (R arm up, L hip to

audience) / shimmy

Hip drops w/rib accents on 3&4, up down – form single line (back dancers turn out to

Form a flock formation (weight on L)

Arabic Hip Twist going back into a V formation (arms down by hips) / shimmy raising

Arms over head

Basic R,L,R, back grapevine to L / Basic L, back grapevine to R / turn w/R side to

Audience, shoulder shimmies (weight on L)

R hip drop, until your turn to go / hip accents R – L step back on R, ½ turn, repeat

(4 times total) / grapevine in circle looking into circle while moving R (L arms)

L hip to audience L arms (modified flock formation) / L hip up, down, up, down – body

Wave / ribs up, down, up / ½ turn (back to audience) hips R,L,R,L (arms over

Head / 2 turns R w/arms down by hips

Grapevine in circle looking into circle moving R (L arms) / flock formation L hip to

Audience chest accents w/arms at chest / roll down (undulation) / L hip accents

Out (arms crossed in front) / ¼ turn w/snake arms / rib locks up down up (R hip

To audience) / ¾ turn L hip to audience, omi’s – arms down at hips

Pivot, R hip to audience w/Arabic 2 (w/shimmies) moving into 2 rows (circles arms

twice) / choo choo R – L (lrg snake arms) / turn back L several times – pose

R hip to audience w/arms down