Beginning 2 Hand Candles

Music: Alten Mara

By: Mythos

Walk in w/snake arms

Candle hands

Serena’s raising arms up crossing in front of body coming down

Maya R – ¼ turn reverse hip – ½ turn spring into body wave – drop – 2 rib circles

Up – large hip circle turn

(4) Cross steps w/rib slides & rib drops / camelback circling hand candle – ½ turn,

Repeat / camels L circling arms

Hip circle combo – 2 hip circles L hip, ½ turn 2 hip circles R hip – step touch, step touch

Undbod

Hip offering

Snaky feet R – rib circle, undulation, hip circle, body wave / repeat L

(2) Indian Fusion turn / balance circling arms out to in crossing in in front of body /

Headslides

Camel Combo w/shimmies

(4) Egyptian Siliviana

Twist, sit, slide – lunge R – lunge L – full turn / circle arms w/maya’s – pose w/hands

Left side